

**ABSTRACT OF THE DISCLOSURE**

5        A garter for items of apparel and method of use for providing  
ornamentation and selectively securing a portion of the item of  
apparel in a desired position. The garter for items of apparel and  
method of use includes a flexible band having an engagement means  
for selectively engaging an item of apparel. The flexible band is  
10      preferably conformable around an extremity of a user.